	<b>Howard University</b> <b>College of Nursing and Allied Health Sciences</b> <b>Department of Physician Assistant</b>	<i>Policy Number</i>	PHAS - 004
		<i>Effective Date</i>	08/01/2022
		<i>Revision Date</i>	10/26/2022
Howard University College of Nursing and Allied Health Sciences	Access/Referral to Student Services (A3.10)		

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**I. PURPOSE**

To establish the student referral process to Student Counseling Services.

**II. POLICY**

It is the practice and procedure of the Howard University Physician Assistant Department to provide access and referral for matriculating Physician Assistant students to University Counseling Services (UCS) when requested by the student or deemed necessary by Physician Assistant Program faculty.

The UCS supports the overall mental health and well-being of students through a variety of services. Services offered include one-on-one sessions with a counselor, group therapy sessions, and medication management based on the student’s needs, availability, and local and state guidelines on teletherapy and best standards of care.

**III. DEFINITIONS**

N/A

**IV. PROCEDURES**

1. Students may request to meet with faculty advisor or any program faculty to request a referral to University Counseling Services (UCS).

**University Counseling Services**


6<sup>th</sup> & Bryant Streets, NW

Washington, DC 20059

[HUCounseling@howard.edu](mailto:HUCounseling@howard.edu)

202-806-6870

8:00am – 4:00pm

	<b>Howard University</b> <b>College of Nursing and Allied Health Sciences</b> <b>Department of Physician Assistant</b>	<i>Policy Number</i>	PHAS - 004
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**Crisis Line**  
202-345-6709  
After 4:00pm

2. Faculty will document request on student advisement form.
  - a. If a student reports suicidal ideations, program faculty will escort student to UCS or to the nearest emergency room, when possible. If not possible, campus security and/or EMS will be notified to escort student.
  - b. If student poses an immediate threat to themselves or others, campus security and/or EMS will be notified to escort student to UCS or to the nearest emergency room.
  
3. Upon arrival, students will meet with a staff member for an initial intake or consultation appointment.
  - a. This initial interview appointment (45 – 60 minutes) will determine the most appropriate services for the student.
  - b. The appointment is conducted via MS Teams (or phone when required). The intake interviewer will follow up within 1-3 business days the Tuesday after your intake/ consultation appointment.
    1. This Tuesday after time frame allows the UCS team to review the new cases weekly and assign them to an appropriate provider.
  - c. For emergent cases, initial consultation will be performed and assigned to a provider on the same day.

***\*\*In the case of an emergency, please contact 911\*\****

In the event a student does not wish to receive services through institutional resources, the student may seek outside resources with provider of their choice.

- Student must be seen by the Student Health Center prior to receiving specialty referral services. Expenses will incur for medical treatment rendered outside of the Student Health Center for which no prior approval or referral is obtained. Exceptions to this rule are:
  - Services provided by OB/GYN and Mental Health for which no referral is needed.
  - Referrals are also not needed when you are more than 35 miles from campus or when the Student Health Center is closed (breaks or holidays).

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- All mental health services (including prescribing of medication for ADD/ADHD) are provided at the University Counseling Center location on campus.

Please note, spiritual guidance and support for students in need of ongoing spiritual assessment, coaching, and advising is available through:

**Andrew Rankin Memorial Chapel**

6<sup>th</sup> & Howard Place, NW

Washington, DC 20059

[Chapel@howard.edu](mailto:Chapel@howard.edu)

202-806-7280

8:30am – 5:00pm